

# Haunani Marissa Iao

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## **EDUCATION**

### **American School of Professional Psychology at Argosy University/ Hawaii**

Aug 2003- Sept 2009

Clinical Psychology APA accredited program  
GPA: 3.92

Doctorate of Clinical Psychology (Psy.D), 2009  
Clinical Research Project Topic: A Competency to Stand Trial Restoration Program for  
Defendants Diagnosed with Schizophrenia

Master of Arts (M.A.) 2005  
Clinical Psychology  
Thesis Topic: Spirituality and Mental Health

**University of Nevada, Las Vegas** Aug 1996- Sept 2001  
Bachelor of Arts (B.A.) Psychology

**Kamehameha Schools, Honolulu, HI**  
High school diploma 1996

## **LICENSURE**

Hawaii Licensed Psychologist Aug 2010- current  
PSY- 1210

## **CERTIFICATIONS**

Mayo Clinic Tobacco Treatment Specialist Certification Aug 2015

Certified Corporate Health & Wellness Specialist July 2017

Principles and Practice of Cognitive Behavioral Therapy for Insomnia  
January 2019

Certified Clinical Trauma Professional Dec 2020

## **ACADEMIC AND PROFESSIONAL INTERESTS**

Bottom-Up Therapy Approaches for Trauma  
Clinical Health Psychology  
Treating and Empowering BIPOC populations  
Corporate Health & Wellness Promotion  
Cognitive Behavioral Therapy for Insomnia and Sleep Medicine

Treatment of Anxiety Disorders

## **LICENSED CLINICAL EXPERIENCE**

### **'Iao Mind & Body Health, LLC**

May 2020- current

Owner and operator of private practice

Providing trauma focused care and use of bottom-up strategies, experiential, as well as Skill based approaches. Specialized training in Somatic Experiencing (SE), Cognitive Behavioral Therapy for Insomnia (CBT-i), Parts work with memory reconsolidation, And Cognitive Behavioral Therapy (CBT)

Provision of Clinical Supervision for post-graduate and post-doctoral trainees.

Consultation services for individuals

### **Pacific Workplace Wellness Solutions, LLP**

June 2016- June 2021

Co-founder and partner in developing solutions for companies to create a culture of health

### **Maui Medical Group**

#### **Behavioral Health Director**

May 2018- May 2020

Oversee the program development of the primary care and behavioral health integration model

Provide population-based care, targeting the following conditions: anxiety, depression, insomnia, diabetes, and chronic pain

Supervise and train Behavioral Health providers and staff

Provide integrated care through consults, warm hand offs, and individual patient visits

Chair of the Patient and Family Council

Co-facilitator for Diabetes Shared Medical Appointment: providing education and interventions for health behavior change, tracking and reporting on patient outcomes

Train Care Management staff in behavioral health conditions and

**Staff trainings I provided:** Aggression Management and De-escalation Skills, Motivational Interviewing, Suicide risk management, Teach Back Model, Introduction to Cognitive Behavioral Therapy for Insomnia, Primary care integration best practices

#### **CPC+ Medical Director**

May 2017- May 2018

Oversee the development of the practice transformation for the Comprehensive Primary Care medical home model of care.

Primary care and Behavioral Health Integration Model program development: developing workflows, policies, procedure, training primary care staff to conceptualize patients via a biopsychosocial perspective and provide interventions to assist patients with health behavior change

Developed a patient and family council

Developed a Diabetes Shared Medical Appointment

### **Mālama I Ke Ola Health Center**

Federally Qualified Community Health Center

**Integrated Health Director**

March 2012- April 2017

Primary Care and Behavioral Health Integration Model Program Development: training primary care staff to conceptualize patients via a biopsychosocial perspective and provide interventions to assist patients with health behavior change; improving communication among interdisciplinary team, training and supervising behavioral health team  
Development of Tele-psychiatry program infrastructure  
Member of the leadership and development committee for PCMH level II NCQA accreditation

**Behavioral Health Specialist**

September 2010- 2012

Consultation and co-management in the assessment and treatment of mental disorders and psychosocial issues  
Management of psychosocial aspects of chronic and acute diseases  
Application of behavioral principles to address lifestyle and health risk issues in a primary care setting in accordance with the applicable professional and ethical standards.  
Care Management skills and knowledge of resources to facilitate referrals.  
Improving quality of primary care intervention through behavioral health consults

**Committees:** Quality Assurance and Meaningful Use, Safety Committee, Patient Centered Medical Home implementation and development

**Staff Trainings I provided:** Health Behavior Change and Motivational Interviewing, Diabetes Management, Treating Depression in Primary Care, Treating Anxiety in Primary Care, Native Hawaiian Health and Acculturation, Aggression Management and De-escalation skills  
Wailuku, HI

**Hui No Ke Ola Pono**

September 2010- August 2011

Maui’s Native Hawaiian Health Care System  
Primary Care and Behavioral Health Integration Model program development  
Assisted with building the coding and billing procedures  
Development of behavioral health forms and tools for assessment  
Training primary care staff to conceptualize and provide interventions to assist with health behavior change  
Development and delivery of groups: Life After Stroke, Behavioral health modules embedded within lifestyle change programs (Mea 'ai Pono and 'Eleu).  
Treatment: long term, cognitive- behavioral; individual and group  
**Staff Trainings I provided: Aggression management and de-escalation skills, Suicide Risk management, and Health Behavior Change**

**POST LICENSURE SUPERVISION AND TRAINING:**

**Christina Shook, Psy.D, ABPP**

May 2017- current

Participate in monthly and as needed consultation to develop and strengthen skills in Cognitive Behavioral Therapy for Insomnia (CBT-I), CBT for chronic pain, and the Clinical practice of health psychology

**CLINICAL EXPERIENCE: POSTDOCTORAL FELLOWSHIP**

## **I Ola Lāhui**

September 2009- September  
2010

Address Native Hawaiian and rural community health disparities by providing evidenced-based, culturally-minded assessment and interventions for chronic disease management, primary and secondary disease prevention, and other mental health disorders.

Conducting evaluation and research to determine the effectiveness of interventions provided.

### **Sites:**

#### **Mālama I Ke Ola Health Center**

Federally Qualified Community Health Center

Supervisor: Robin Miyamoto, Psy.D

Program Development (Primary Care Model and Integrated Behavioral Health)

Treatment: brief and long term, cognitive- behavioral, solution focused interventions

Assessment: rapid and ongoing, brief screening tools

Wailuku, HI

#### **Hui No Ke Ola Pono**

Maui's Native Hawaiian Health Care System

Supervisor: Joseph Keawe'aimoku Kaholokula, Ph.D

Program Development (Primary Care Model and Integrated Behavioral Health)

Treatment: long term, cognitive- behavioral

Integration with existing health enhancement programs (diabetes management, weight management), case management, advocacy, presentation at community event

*Training and Didactics:* Parent Mangement Training, Cognitive Behavioral Theory and Therapy, Diabetes Management, Motivational Interviewing, Coding, Billing, and Reimbursement, Psychopharmacology (antidepressants, antipsychotics, and benzodiazepines), Anxiety disorders and Exposure therapy, Liver disease and end of life issues, De-escalation Techniques, Conflict Resolution, Substance Abuse and the Matrix Model, Tobacco Cessation, Menopause and women's health, Irritable Bowel Syndrome and dysregulation disorders

## **PROFESSIONAL SERVICE**

### **Clinical Supervisor**

#### **'Iao Mind & Body Health**

January 2020- current

Contracting with individual and organizations to provide post-doctoral and post-graduate Supervision and training

#### **I Ola Lāhui**

September 2012- 2015

Supervision of a Clinical Psychology Postdoctoral Fellow. Supervision and Training focused on developing and refining skills as a rural primary care psychologist.

#### **Hutching Psychiatric Center**

January- May 2008

Supervision of Syracuse University Undergraduate Psychology student on an acute inpatient unit. Used a developmental/ psychodynamic supervision model to facilitate the

development of knowledge regarding assessment and treatment of severe mental illness and Borderline Personality disorder.

**APA Presidential Citation Committee Member** 2013- 2014

**HONORS, AWARDS, AND DISTINCTIONS**

**National Register Health Service Psychologist #56567** March 2019- current

**National Health Service Corps Member** Sept 2012- 2015

**‘Imi Na’auao Scholarship Awardee** 2006- 2007

**Member of the Golden Key International Honour Society** 2000- current

**References Available Upon Request**