

CASSENDRA E. CACERES-LICOS, PSY.D.

LICENSED CLINICAL PSYCHOLOGIST

HAWAII LICENSE: PSY-1886

CURRICULUM VITAE

EDUCATION

- September 30th, 2019 **PACIFIC UNIVERSITY** – Hillsboro, OR
- Doctor of Psychology, Clinical Psy. D Program, School of Graduate Psychology (SGP)
 - Accreditation: American Psychological Association
 - Dual Track Member: Child/Adolescent & Latino/Bilingual
 - Successfully Defended Dissertation: Measuring Recidivism In The State Of Oregon For Latino Youth.
- Aug. 31st, 2016 **PACIFIC UNIVERSITY** – Hillsboro, OR
- Master of Arts in Clinical Psychology, Clinical Psy. D Program, School of Professional Psychology
 - Accreditation: American Psychological Association
 - Dual Track Member: Child/Adolescent & Latino/Bilingual
- Aug. 9th, 2014 **PACIFIC UNIVERSITY** – Hillsboro, OR
- Master of Arts in Counseling Psychology, Counseling Psychology Program, School of Professional Psychology
 - Emphasis in Child/Adolescent Psychology
 - Accreditation: NWC UU (CACREP Equivalent)
- May 6th, 2012 **ANDREWS UNIVERSITY** – Berrien Springs, MI
- Bachelor of Science – Pre-Professional Psychology

GRANTS, HONORS & SCHOLARSHIPS

- Pacific University SGP Diversity Service Award: 2017
- Pacific University SGP Service Scholarship: 2015-2016
- Federal SEOG Grant: 2008-2012
- Federal Pell Grant: 2008-2012
- Michigan State Grant: 2008-2012
- Andrews University Partnership Scholarship: 2008-2012
- Andrews University Gift: 2008-12
- Herrick Foundation Scholarship: Fall 2011
- Andrews University Dean's List, College of Arts & Science: 2009-2012

LANGUAGES & SKILLS

- Fully fluent in Spanish and English
- Qualified as an Advanced Mid Spanish speaker according to the ACTFL Proficiency Guidelines on 7/21/15
- Trained in Intergy, Welligent, EPIC, EVOLV and NextGen Electronic Health Records Systems and Office Ally

RELEVANT CLINICAL WORK EXPERIENCE-EMPLOYEMENT

July 2021 – Currently

KAISER PERMANENTE-INTEGRATED BEHAVIORAL HEALTH

Position: **Behavioral Health Consultant**

Location: Maui Lani Medical Office, Wailuku, HI

Responsibilities:

- Provided a variety of behavioral health services including evaluation, diagnosis, treatment planning, and psychotherapeutic intervention to individuals, families, groups and/or Intensive Outpatient Programs.
- Interviewed members and evaluated their psychological and mental status. Utilized the latest Diagnostic and Statistical Manual of Mental Disorders (DSM) to diagnose patients. Determined if member is in crisis, at-risk, or suicidal/homicidal. Referred members in need of immediate or urgent care to appropriate level of services.
- Provided psychotherapy and counseling for individuals, families, groups and/or Intensive Outpatient Programs. Utilized a wide range of latest evidence-based interventions and modalities. Provided services such as crisis intervention, brief therapy, cognitive and behavioral therapies, skills training, supportive therapy, stress management, and family therapy.
- Assessed urgent or high-risk clinical situations and made appropriate interventions. Coordinated referral of patient to psychiatrist or other clinician. Assisted with admission to hospital or other specialized facilities. Planned and provided services in the appropriate level of care. Assessed needs for mental health treatment and made appropriate referrals as needed.
- Researched, collected, and recorded data and information relating to diagnosis. Formulated evidence-based treatment interventions and approaches for identified diagnosis. Assisted in establishing clinical best practices and guidelines for delivery of service.
- Assisted and empowered patients to participate in their treatment plan. Engaged patients in therapeutic relationship. Educated patients regarding mental health services. Made recommendations and referrals for patients to obtain information, support, services, and assistance they may need from Kaiser or community resources related to their behavioral health needs.
- Collaborated and consulted with physicians and other interdisciplinary clinical team members to support assessments and decision making. Reviewed difficult cases or quality assurance concern with clinical team. Acted as consultant to team members and others in organization.
- Acted as liaison between behavioral health services and primary care, urgent care, emergency department and other outpatient clinics.
- Maintained high level of clinical expertise to remain knowledgeable of current clinical conditions, methods, medications, theoretical frameworks, and interventions. Utilized best practices in delivery of behavioral health services in accordance with professional and clinical guidelines established by professional bodies.
- Utilized evidence-based interventions and modalities with sound theoretical base, which are clinically feasible and have demonstrated clinical effectiveness.
- Maintained clinical records by documenting clinical assessments, treatment plans, interventions, and all pertinent information in patient medical record according to Regional and departmental guidelines.
- Provided and arrange for psychological testing for Integrated Behavioral Health Services when appropriate.
- Participated in clinical team meetings, departmental planning and quality management activities.

February. 2021 – July 2021

HUI NO KE OLA PONO-MANUHULU BEHAVIORAL HEALTH

Position: **Licensed Clinical Psychologist**

Location: Hui No Ke Ola Pono, Wailuku, HI

Responsibilities:

- Engaged in direct clinical services in the 'Imi Ola Hou Adult Medicine, Oral Health Department, Kupu Pono Pediatric Medicine, and Ho'ōla Pu'uwai Ornish Lifestyle Medicine Programs.
- Conducted intake evaluations for an array of psychiatric and behavioral health difficulties for children, adolescents, and adults.
- Provided behavioral health services to children, adolescents, and adults predominately of Native

Hawaiian ancestry, many of whom were of low income and had chronic complex medical, psychological and substance abuse or dependence-related conditions, and histories of multiple traumatic experiences.

- Provided culturally mindful services including milieu, brief and long-term individual therapy using cognitive behavioral, client-centered, interpersonal, systemic, and solution-focused interventions; intake assessment; crisis intervention; pain management; treatment planning; and triage for appropriate services or levels of care.
- Administered and interpreted full psychoeducational batteries, including measures of intelligence, achievement, projective, and social emotional functioning. Additionally, gave feedback to clients and their families.
- Consulted with comprehensive academic teams, including grade-level or subject-level teachers, counselors, resource or specialist teachers, and school administrators.
- Consulted and collaborated with primary care physicians, nurses, a psychologist, a dietician, a physical therapist, a dentist, and a pharmacist.
- Created a curriculum for a traditionally grounded, Native Hawaiian Hāpai and Hānau (pregnancy and birthing) program, Klub Kupu Pono, and 'Aiola Aquaponics.
- Conducted Telebehavioral Health Services during the COVID-19 pandemic in order to ensure continuity of care.
- Participated in weekly interdisciplinary team meetings and monthly all-staff meetings.
- Provided group support for patients in an intensive cardiac rehabilitation and heart disease reversal program.
- Provided group support for nursing student and provided psychoeducation on empathy and interpersonal communication
- Assisted in the implementation, administration, and distribution of COVID-19 Vaccines to the community.
- Attended and engaged in a weekly, immersive Hawaiian studies class in order to further understand and engage in Hawaiian culture. This class aided in the facilitation of culturally based interventions, and a deeper understanding of the impact of colonization on the Hawaiian people's physical and mental health, traditions, culture, and values.
- Documented client progress and treatment plans in electronic health record system: Intergy

Jan. 2017- Aug. 2018

LEGACY-UNITY CENTER FOR BEHAVIORAL HEALTH

Position: **On-Call Behavioral Health Therapist- Adolescent & Adult In-Patient Unit**

Location: Portland, OR

Supervisor: Kayla Swearingen, RN

Responsibilities:

- Monitored client's behaviors and progress throughout assigned shifts
- Completed required chart entries and professional documentation
- Initiated and assisted with study programs as needed
- Planned, supervised, and participated with clients in study and recreational programs
- Conducted risk assessments for unstable patients
- Facilitated treatment based groups
- Crisis intervention: MOAB
- Utilized Emergency Safety Interventions and managed crisis situations as needed
- Implemented treatment plans
- Monitored psychiatric referral behaviors
- Collaborated on Incident Reports for accurate documentation
- Consulted and collaborated with treatment team members such as psychiatrists, nursing staff, and therapists
- Developed collaborative working relationships with adults, youth, family, and foster parents
- Modeled, coached, and counseled clients regarding appropriate hygiene, social, and interpersonal skills
- Worked with the medical teams to efficiently and effectively treat and manage medically complex patients with chronic emotional problems, health problems, or substance use issues.
- Assisted in the identification of at-risk patients and helped develop care plans to prevent further

- psychological or physical deterioration
- Provided short term therapy for patients with mental health concerns
- Assisted the treatment teams in recognizing and treating mental disorders, substance use, and psychosocial problems

Jan. 2017- Aug. 2017

GARY SACKS, PH.D., P.C.

Position: **Assessment Technician**

Location: Portland, OR

Supervisor: Gary Sacks, Ph.D., P.C.

Responsibilities:

- Administered and evaluated psychological assessments under the supervision of a licensed psychologist.
- Noted observations of the client in order to help formulate a more complete picture of the client
- Scored assessments
- Collaborated on assessment results
- Assessments administered include personality and intelligence assessments such as WIAT-III, WAIS-IV, WJ-IV, WMS, Trails A & B, WRAT-IV, TOMM, RAYS, WISC-V, PAI, & PAI-A,

July 2016- Mar. 2017

TRILLIUM FAMILY SERVICES

Position: **Weekend Center Supervisor**

Location: The Parry Center, Portland, OR

Supervisor: Alyssa Phariss

License: Child Emergency Safety Intervention Specialist

Responsibilities in Addition to those listed for Clinical Responder- On-Call:

- Arranged for adequate staff coverage and assured a ratio for clients per staff in accordance level in programs and established agency policy.
- Provided administration supervision to assigned staff, conducted regular supervisory sessions of on call staff and completed performance evaluations of these staff as policy indicates
- Conducted staff trainings as needed and/or required
- Attended team, management and other agency meetings as required
- Assisted in unit milieus during emergency situations, using both verbal de-escalation techniques and physical interventions (as needed)
- Completed data entry for ACORN assessments
- Lead therapeutic groups on the Units
- Completed discharges (unplanned/against medical advice)
- Created safety plans for clients and assessed supervision levels
- Received after-hours consultations from on call manager(s) and on-call psychiatrists
- Worked closely and collaboratively with Campus Operations team

Oct. 2015- July 2016

TRILLIUM FAMILY SERVICES

Position: **Clinical Responder – On-Call**

Location: The Parry Center, Portland, OR

Supervisor: Alyssa Osbourne

License: Child Emergency Safety Intervention Specialist

Responsibilities:

- Assessed risk and safety issues as they related to cottage programming, acuity of clients and environmental conditions
- Conducted face to face assessments of the physical and psychological well-being of the residents within one hour of the initiation of the emergency safety intervention, documenting in the child's record what led up to the intervention, comments about cognitive, affective, behavioral condition of the child and made suggestions for further interventions
- Notified parents/guardians of restraints and seclusions

- Documented the debriefing process listing the following: staff present, staff execution of intervention and why, discussion of precipitating factors, what was tried to avoid use of restraint/seclusion, what is being tried to avoid recurrence of the event, the outcome of the interventions, and any injuries that occurred to child or staff.
- Contributed ideas for changes to Clinical Unit Supervisor if IPC needs adjustment as a result of a hold/seclusion.
- Assured that staff also debrief restraints/seclusions with parents/guardians and that staff document the debriefing in the resident's record
- Report serious occurrences to the state Medicaid agency and HCFA regional office
- Provided direct supervision to assigned staff while on duty

Apr. 2015- July 2016

TRILLIUM FAMILY SERVICES

Position: **Skills Trainer II – On call**

Location: The Parry Center, Portland, OR

Supervisor: Dana Shadburne

Responsibilities:

- Managed crisis situations as needed
- Modeled, coached, and counseled clients regarding appropriate hygiene, social, and interpersonal skills
- Maintain a safe environment for clients according to TFS operational policies
- Assist with basic daily upkeep of the facility
- Monitored client's behaviors and progress throughout assigned shifts
- Completed required chart entries and professional documentation
- Initiated and assisted with study programs as needed
- Planned, supervised, and participated with clients in study and recreational programs
- Facilitated treatment based groups
- Utilized Emergency Safety Interventions, Crisis intervention: CPI
- Used Collaborative Problem Solving (CPS) approach
- Implemented treatment plans
- Monitored psychiatric referral behaviors
- Reported peer and staff interactions with each client
- Collaborated on Incident Reports for accurate documentation
- Consulted and collaborate with treatment team members such as psychiatrists, nursing staff, and therapists
- Developed collaborative working relationships with youth, family, and foster parents

CLINICAL TRAINING EXPERIENCE

Sept. 2019 – Sept. 2020

SUPERVISED CLINICAL PSYCHOLOGY POSTDOCTORAL FELLOWSHIP:

Position: **Clinical Psychology Postdoctoral Fellow**

Location: Hui No Ke Ola Pono, Wailuku, HI

Clinical Supervisor: Jillian Freitas, PsyD.

Responsibilities:

- Engaged in direct clinical services in the 'Imi Ola Hou Adult Medicine, Oral Health Department, Kupu Pono Pediatric Medicine, and Ho'ōla Pu'uwai Ornish Lifestyle Medicine Programs.
- Conducted intake evaluations for an array of psychiatric and behavioral health difficulties for children, adolescents, and adults.
- Provided behavioral health services to children, adolescents, and adults predominately of Native Hawaiian ancestry, many of whom were of low income and had chronic complex medical, psychological and substance abuse or dependence-related conditions, and histories of multiple traumatic experiences.
- Provided culturally mindful services including milieu, brief and long-term individual therapy using cognitive behavioral, client-centered, interpersonal, systemic, and solution-focused interventions;

intake assessment; crisis intervention; pain management; treatment planning; and triage for appropriate services or levels of care.

- Administered and interpreted full psychoeducational batteries, including measures of intelligence, achievement, projective, and social emotional functioning. Additionally, gave feedback to clients and their families.
- Consulted with comprehensive academic teams, including grade-level or subject-level teachers, counselors, resource or specialist teachers, and school administrators.
- Consulted and collaborated with primary care physicians, nurses, a dietician, a physical therapist, a dentist, and a pharmacist.
- Created a curriculum for a traditionally grounded, Native Hawaiian Hāpai and Hānau (pregnancy and birthing) program.
- Provided didactic training to Oral Health staff in the areas of Motivational Interviewing and support services to aid in improving team building and cohesion.
- Instrumental in the implementation of Telebehavioral Health Services and creating safety procedures and protocols during the COVID-19 pandemic in order to ensure continuity of care.
- Engaged in didactic training from licensed clinical psychologists.
- Participated in weekly interdisciplinary team meetings and monthly all-staff meetings.
- Provided group support for patients in an intensive cardiac rehabilitation and heart disease reversal program.
- Attended and engaged in a weekly, immersive Hawaiian studies class in order to further understand and engage in Hawaiian culture. This class aided in the facilitation of culturally based interventions, and a deeper understanding of the impact of colonization on the Hawaiian people's physical and mental health, traditions, culture, and values.
- Volunteered additional time by participating in a pilot program in which she constructed, and continues to monitor, an outdoor aquaponics system with the purposes of implementing this program in the community setting to support sustainability for Native Hawaiian families.
- Documented client progress and treatment plans in electronic health record system: Intergy

Sept. 2018 – Sept. 2019

SUPERVISED DOCTORAL PSYCHOLOGY INTERNSHIP APA ACCREDITATION:

Position: **Doctoral Psychology Intern**

Location: – Saint John's Child and Family Development Center, Santa Monica, CA

Director of Clinical Training: Olga Belik, Ph.D

Clinical Supervisors: Kathryn Moore, Ph.D & Matthew Ruderman, Ph.D

Assessment Supervisor: David Alvarado, Psy.D

Responsibilities:

- Conducted intake evaluations for an array of psychiatric and behavioral health difficulties for children and adolescents.
- Provided evidence-based individual, dyadic, and family therapy to outpatient clients. Clinical emphasis on youth presenting with histories of trauma, emotional disorders, developmental disorders, and learning disabilities in a community mental health setting.
- Trained and received certification in the following treatment modalities: Interpersonal Psychotherapy (IPT), Managing and Adapting Practices (MAP), Crisis Oriented Recovery Services (CORS) and utilized with clients
- Administered and interpreted full batteries, including measures of intelligence, achievement, projective, and social emotional functioning. Additionally, gave feedback to clients and their families.
- Participated in consultation with multidisciplinary professionals.
- Participated in the Families and Schools Together (FAST), which provided individual and family therapy to at-risk middle, and high school students in the Los Angeles Public Schools District.
- Provided community outreach services in Los Angeles such as consultation with local community centers.
- Participated in weekly didactic trainings which include assessment seminars, trainings related to agency and training program's policies and procedures, training seminar comprised of psychology and social work interns

- Participated in Diagnostic Seminar, which enhances the ability to conceptualize, accurately diagnose, and present comprehensive cases as well as receive recommendations from multidisciplinary staff.
- Participated in monthly Spanish-speaking consultation group to further enhance bilingual and cultural understanding skills to provide therapy services to Spanish-speaking populations.
- Documented client progress and treatment plans in electronic health record system: Welligent.

Sept. 2017 – July 2018

SUPERVISED CLINICAL FIELDWORK:

Position: **Psychology Doctoral Practicum Student, QMHP**

Location: – Children’s Program, Beaverton, OR

Supervisor: Debbie Dwelle, Psy.D & Rose Eagle, Ph.D

Responsibilities:

- Administered, scored and interpreted assessment for diagnostic clarification of children mental health disorders including ADHD evaluation, learning disorders, fitness, and Department of Human Service evaluations.
- Wrote integrated psychological assessment reports with recommendations.
- Engaged in doctoral level supervision on weekly basis in individual and group settings.
- Attended psychoeducation and consultation meetings with an interdisciplinary team.
- Assessments administered include personality and intelligence assessments such as WIAT-III, WAIS-IV, WJ-IV, WMS, WRAT-IV, WISC-V, PAI, & PAI-A, MACI, HTP, and KFD

July. 2017 – July 2018

SUPERVISED CLINICAL FIELDWORK:

Position: **Psychology Doctoral Practicum Student, QMHP**

Location: – Willamette Family Medical Center, Salem, OR

Supervisor: Karim Afzal, Ph.D

Responsibilities:

- Provided individual and family therapy interventions to primarily children, adolescents, and adults who experience a range and variety of mental health issues (e.g. depression, anxiety, ADHD, Substance Use Disorder,) and different levels of severity
- Treated a patient population that included a variety of ages and diverse characteristics (such as racial or ethnic minority, gender, sexual orientation, disability, SES, and religious groups) with range of problem severity.
- Worked with the medical teams to efficiently and effectively treat and manage medically complex patients with chronic emotional or health problems as part of the clinic’s Integrated Behavioral Health Model.
- Assisted in the identification of at-risk patients and help develop care plans to prevent further psychological or physical deterioration.
- Provided behavioral health consultations for patients with mental health concerns.
- Provided psychoeducation and consultation to Medical providers on mental health issues and how they affect physical symptoms of a patient.
- Worked in collaboration with family practice physicians in assisting patients in understanding personal or interactive problems, defining goals, and developing realistic and culturally appropriate treatment plans.
- Provided cultural and linguistic consultation to practicum students regarding Latino issues and Latino culture.
- Provided integrated, comprehensive, and culturally responsive individual therapy for Spanish speaking patients. Some of the therapeutic services included treatment mood, anxiety, conduct, and personality disorders, trauma, relational distress, grief, and chronic medical diseases management.
- Administered score, and interpret clinical, cognitive, personality, and behavioral assessments for Spanish speaking patients, using culturally-adapted instruments.
- Collaborated with family medicine providers on mental health screenings, and crisis management, development of behavioral management plans, and use brief therapy focused on health behavior change for a variety of patients from different cultural backgrounds.
- Engaged in doctoral level supervision on weekly basis in individual and group settings.

- Provided individual & family therapy, and crisis management to culturally diverse, uninsured, and underserved adults and youth encompassing all aspects of case management and therapeutic services.
- Utilized the SBIRT model to identify, reduce, and prevent problematic use, abuse and dependence on alcohol and other substances.

Jan. 2017 – July 2017

SUPERVISED CLINICAL PRACTICUM:

Position: **Psychology Doctoral Student, QMHP**

Location: – Morrison Child & Family Services, Gresham, OR

Supervisor: Joyce Ochsner, Ph.D

Responsibilities:

- Provided individual & family therapy, and crisis management to culturally diverse, uninsured, and underserved youth and their families encompassing all aspects of case management and therapeutic services in a community mental health setting.
- Treated a client population includes a variety of ages and diverse characteristics (such as racial or ethnic minority, gender, sexual orientation, disability, SES, and religious groups) with range of problem severity.
- Exposure to a variety of child/ adolescent client mental health issues such as academic and behavioral issues, anxiety and mood disorders; interpersonal, relationships and family dynamic issues; developmental delays; substance issues; and disruptive impulse-control and conduct disorders.
- Executed accurate and culturally responsive case conceptualization, diagnostic formulation, treatment plans, case recording, and report writing.
- Engaged in doctoral level supervision on weekly basis in individual and group settings.
- Provided cultural and linguistic consultation to practicum students regarding Latino issues and Latino culture.
- Provided integrated, comprehensive, and culturally responsive individual therapy for Spanish speaking clients.
- Provided individual & family therapy, and crisis management to culturally diverse, uninsured, and underserved adults and youth encompassing all aspects of case management and therapeutic services.
- Collaborated with a psychiatric medication prescriber on development of behavioral management plans for clients.

Sept. 2016 –Jan. 2017

SUPERVISED CLINICAL PRACTICUM:

Position: **Master's-Level Clinician, QMHP**

Location: – Chehalem Counseling Center, Newberg, OR

Supervisor: Alec Mendelson, Ph.D

Responsibilities:

- Conducted comprehensive intake evaluations including interview, administration of DLA-20, PHQ-9, GAI, BDI-II, AUDIT, and CRAFFT and records review
- Provided individual & family therapy, and crisis management to culturally diverse, and underserved adults, youth and their families encompassing all aspects of case management and therapeutic services in a rural community mental health setting.
- Client population includes a variety of ages and diverse characteristics (such as racial or ethnic minority, gender, sexual orientation, disability, SES, and religious groups) with range of problem severity.
- Collaborated with a psychiatric medication prescriber on development of behavioral management plans for clients.
- Exposed to a variety of child/ adolescent, and adult client mental health issues such as academic and behavioral issues, anxiety and mood disorders; interpersonal, relationships and family dynamic issues; developmental delays, neurological disorders; substance issues; and disruptive impulse-control and conduct disorders.

- Engaged in doctoral level supervision on weekly basis in individual and group settings.
- Documentation via the use of Electronic Health Record: EVOLV

Aug. 2015 – Aug. 2016

SUPERVISED CLINICAL PRACTICUM:

Position: **Master's-Level Clinician, QMHP**

Location: – Pacific Psychology & Comprehensive Health Clinic, Hillsboro, OR

Supervisor: Ruth Zuñiga, Ph.D

Responsibilities:

- Conducted comprehensive intake evaluations, which included culturally-responsive clinical interviews, comprehensive medical reviews and administration of cognitive, personality and emotional assessments (e.g. WISC, WASI and PAI or equivalent).
- Provided individual, children, couples and family therapy to Latino Spanish speaking individuals and individuals from underserved populations.
- Participated in weekly clinical training on areas of different theoretical orientations, treatment modalities, interventions, and skills building.
- Implemented outreach and networking activities between the Pacific Psychology Clinic and the Latino community and Latino-focused organizations. Activities included: community presentations, psychoeducation, and advocacy.
- Provided behavioral health interventions to Adult Spanish speaking Latino individuals through the Interdisciplinary Diabetes Clinic. Interventions were done in collaboration with multiple disciplines.
- Provided cultural specific trainings to students in psychology and pharmacy graduate programs.
- Participated in Evidence Base Case Conceptualizations and Grand Rounds
- Consulted with providers from multiple disciplines who worked at the clinic through Naturopath Interprofessional meetings
- Exposure to a variety of client ages and diverse characteristics (such as racial or ethnic minority, gender, sexual orientation, disability, SES, and religious groups);
- Exposure to a range of problem severity; and outreach (serving on an Outreach Team for at least one semester).
- Administered, scored, and interpreted clinical and cognitive assessments for Spanish speaking patients, using culturally-adapted instruments.
- Participated in interdisciplinary treatment meetings for case consultation, collaboration, and development of patients' treatment plans and interventions.
- Engaged in doctoral level supervision on weekly basis in individual and group settings.
- Documentation via the use of Electronic Health Record: EPIC.

Sep.2013 – Jun. 2014

SUPERVISED CLINICAL PRACTICUM: MASTER'S LEVEL

Position: **Master's-Level Counseling Intern, QMHA**

Location: Miller Education Center – East, Hillsboro, OR

Supervisor: Laurie O'Harrow, LPC

Responsibilities:

- Conducted comprehensive intake evaluations to adolescents, adults and parents
- Development and implementation of individualized behavior/treatment plans
- Provided individual and group counseling to high school students with academic and behavioral issues, such as anxiety and mood disorders; interpersonal, relationships and family dynamic issues; developmental delays; substance issues; and disruptive impulse-control and conduct disorders
- Intervened in crisis situations
- Documented appropriate mental health treatment and services
- Led psychoeducational groups and taught skill building
- Implemented a student run Gay-Straight Alliance that fostered acceptance, tolerance, and diversity
- Attended weekly individual and group supervision
- Collaborated with supervisor, other licensed clinicians, and QMHA's regarding diagnosis, treatment planning, and therapeutic interventions, and considerations to foster and maintain therapeutic progress

- Led therapeutic milieu groups teaching social skills, problem-solving, and anger management strategies
- Facilitated a grief-group to help middle/high school student deal with emotions associated with grief due to loss of a loved one
- Population served: inner city adolescents ranging from the age of 12-20

ASSESSMENT TRAINING

Cognitive Assessment

- KTEA-3, WAIS-IV, WJ-III Achievement, WJ-IV, WISC-V, WPPSI, WIAT-III, WMS, WRAML-2, WRAT-IV, WRAT-V

Objective Personality Assessment

- MMPI-II, MMPI-A, PAI, PAI-A, MACI, M-PACI

Projective Personality Assessment

- Thematic Apperception Test, Sentence Completion, Kinetic Family Drawing, House-Tree-Person, Roberts Apperception Test for Children: 2, Rorschach Psychodiagnostic Test

Behavioral, Social and Emotional Assessment

- BAI; BDI; Outcome Questionnaire-45; Social Anxiety Interaction Scale; Anxiety Scale; PTSD Checklist-Civilian Version; PTSD Checklist for DSM-5 (PCL-5); BASC-2 parent, child, teacher; Child Depression Inventory; BASC-3 parent, child, teacher; Child Depression Inventory Revised Children's Manifest Anxiety Scale; Violence Risk Assessment; Structured Clinical Interview for DSM-5 (SCID-5); BRIEF-2 parent, child, teacher

Forensic Assessment

- Malingering: TOMM; Trauma Symptom Checklist Children and Young Children (TSCC& TSCYC); Child Sexual Behavior Inventory (CSBI)

Neuropsychological Assessment

- D-KEFS, Rey Complex Figure Test and Recognition Trial

RESEARCH EXPERIENCE

DISSERTATION TITLE: MEASURING RECIDIVISM IN THE STATE OF OREGON FOR LATINO YOUTH

Pacific University, School of Graduate Psychology

Dissertation Chair: Jane Tram, Ph.D

Dissertation Second Committee Member: Ruth Zuniga, Ph.D

Dissertation Successfully Defended: June, 2017

Oct. 2012 – July 2017

PACIFIC UNIVERSITY

Position: Jane Tram's Clinical Research Team Member

Supervisor: Jane Tram, Ph.D

Location: Hillsboro, OR

- Collaborated with peers in the process of assessment creation, IRB approval process, data gathering, and data interpretation, syntax development.
- Provided mentorship to newer members and peers navigating the dissertation process.
- Disseminated research results by presenting in Oregon Academy of Science and National Multicultural Conference Summit in collaboration with peers and staff.

PRESENTATIONS PEER REVIEWED, INVITED, & COMMUNITY

- Tram, J. M., Lopez, J. M., & **Caceres-Licos, C. E.**, & Kiyokawa, J. M. (2022, September 30-October 2). A series of presentations. In J. M. Tram (Chair), *Desire to Learn Heritage Language*. Symposium presented at the Asian American Psychological Association Conference. <https://aapaonline.org/convention/>
- Kiyokawa, J. M., Dhaliwal, R. K., Lopez, J. M., & **Caceres-Licos, C. E.** (2021, October 1-2). A series of presentations. In J. M. Tram (Chair), *Academic Hunger Games: When the Odds Are Never in Your Favor*. Symposium presented at the Asian American Psychological Association Conference. <https://aapaonline.org/convention/>
- Kiyokawa, J. M., Milosch, J., Tram, J. M., **Caceres-Licos, C. E.**, & Burns-Glover, A. (2021, July 8-10) A series of presentations. In J. M. Tram (Chair), *Supporting BIPOC Graduate Students*. Symposium presented at the American Psychological Association Division 45 Conference. <https://sites.lsa.umich.edu/apa2021/>
- Caceres, C. E.** (2017, October). *BHC role in medication adherence for Latinx adults and adolescents with Type II Diabetes*. Invited oral presentation for Willamette Family Medical Center, Salem, OR
- Caceres, C. E.**, Zuniga, R., & Koslofsky, S. (2017, April). *Practices and cultural considerations of working with Latina/o clients*. Invited oral presentation for Morrison Child & Family Services, Gresham, OR
- Dismuke, C., Tram, J. M., **Caceres, C. E.**, & Truijens, T. L. (2017, February). *Predictive Validity of Oregon State Juvenile Recidivism Risk Assessments for African American Youth*. Peer Reviewed Paper presented at the 76th Annual Meeting of the Oregon Academy of Sciences, Forest Grove, OR.
- Caceres, C. E.**, Philpott, J., & Koslofsky, S. (2017, February). *Cultural training for Pharmacists: Overview of the Latino population*. Invited oral presentation at Pacific University School of Pharmacy, Hillsboro, OR.
- Caceres, C. E.**, Tram, J. M., & Truijens, T. L. (2017, January). *Oregon Latino youth and the effects of overestimated recidivism risk*. Peer Reviewed Poster session accepted for presentation at the Biennial National Multicultural Conference and Summit, Portland, OR.
- Marrero González, K. A., **Caceres, C. E.**, Philpott, J. (2016, October). *¿Cómo lidiar con las actitudes y comportamientos difíciles de niños y adolescentes? (How to handle the difficult attitudes and behaviors of children & adolescents?)*. Community oral presentation at Northwest Family Services, Portland, OR
- Caceres, C. E.**, Hurtado, A., Zuniga, R., & Koslofsky, S. (2016, April). *Practices and cultural considerations of working with Latina/o communities*. Four-hour Continued Education Training for Washington County Juvenile Department Professionals at Washington County Juvenile Department, Hillsboro, OR
- Caceres, C. E.**, Lundell, C., & Koslofsky, S. (2016, March). *Intake assessment with Latinos*. Invited Oral presentation at Pacific University School of Professional Psychology, Hillsboro, OR.
- Caceres, C. E.**, Lundell, C., & Koslofsky, S. (2016, March). *Cultural training for pharmacists: overview of the Latino population*. Invited oral presentation at Pacific University School of School of Pharmacy, Hillsboro, OR.
- Caceres, C. E.**, Tram, J. M., & Truijens, T. L. (2016, February). *Measuring recidivism in the state of Oregon for Latino youth*. Peer Reviewed Paper presented at the 75th Annual Meeting of the Oregon Academy of Sciences, Forest Grove, OR.
- Caceres, C. E.** (2015, December). *Evidenced Based Case Conceptualization*. Invited Oral presentation at Pacific University School of Professional Psychology, Hillsboro, OR.
- Caceres, C. E.**, Bruna, L., Zuniga, R., & Koslofsky, S. (2015, October). *Clinical work with Latina/os: cultural considerations*. Four-hour Continued Education Training for Washington County Juvenile Department Professionals at Washington County Juvenile Department, Hillsboro, OR

PUBLICATIONS

Tram, J.M., Dhaliwal, R. K., Kiyokawa, J. M., & **Caceres-Licos, C. E.** (2022). Importance of Staff Mentoring for Ethnic and Racial Minority Students. *Scholarship of Teaching and Learning in Psychology*. 8(4), 330-341. <https://doi.org/10.1037/stl0000316>

Truijens, T., & Tram, J. M., & **Caceres-Licos, C. E.**, The importance of dynamic risk factors for first time juvenile offenders. *Justice Policy Journal*, 18 (1), 1-18. http://www.cjcj.org/uploads/cjcj/documents/importance_of_dynamic_risk_factors.pdf

PROFESSIONAL DEVELOPMENT

SELECTED TRAININGS WITH CERTIFICATION

- November 2018 – CORS (Crisis Oriented Recovery Services Training)
 - Nancy Kirshberg, LCSW
- November 2018 – IPT (Interpersonal Psychotherapy) Training
 - Scott Stuart, M.D., Director of the Interpersonal Psychology Institute
- September 2018 – MAP (Management and Adapting Practices) Training
 - Kathryn Moore, PhD
- September 2018 – Nonviolent Crisis Prevention Intervention
 - Providence Saint John's
- January 2017 – MOAB (Management of Aggressive Behavior) Training
 - Legacy Health Services
- January 2016 – IPC and Discharge Documentation
 - Jessie Eagan
- October 2015 – Children's Emergency Safety Intervention Specialist (CESIS) Training and Licensure (License #0820)
 - Steve Chinn
- October 2015 – Seclusion –Level I (Observer), II (Initiator) & III (Responder)
 - Steve Chinn
- October 2015 – Adult and Pediatric First Aid/CPR/AED
 - Jill Tomlinson
- September 2015 – Applied Physical Training (APT)
 - Dana Shadburne
- August 2015 – EPIC Training
 - Pam Pietras
- April 2015 – Crisis Prevention Intervention–Nonviolent Crisis Intervention
 - Aaron Phariss
- December 2013 – Military Sexual Trauma
 - Portland VA Medical Center, in conjunction with the Military Crisis Line
- November 2013 – Trauma-Focused Cognitive Behavioral Therapy
 - Internet-based learning course
- November 2013 – Using Trauma-Focused Cognitive Behavioral Therapy with Childhood Traumatic Grief
 - Internet-based learning course
- October 2013 – ASIST- Applied Suicide Intervention Skills Training
 - Deborah Zwetckembaum
- October 2013 – Caring for the Caregivers, Avoiding Burnout and Compassion Fatigue
 - NASW Continuing Education Program
- May 2013- SafeTALK- Suicide alertness
 - Deborah Zwetckembaum
- April 2013 – Gender on the Spectrum
 - Pacific University