

Haunani Marissa Iao

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EDUCATION

American School of Professional Psychology at Argosy University/ Hawaii

Clinical Psychology APA-accredited program
GPA: 3.92

Aug 2003- Sept 2009

Doctorate of Clinical Psychology (Psy.D), 2009
Clinical Research Project Topic: A Competency to Stand Trial Restoration Program for Defendants Diagnosed with Schizophrenia

Master of Arts (M.A.) 2005
Clinical Psychology
Thesis Topic: Spirituality and Mental Health

University of Nevada, Las Vegas Aug 1996- Sept 2001
Bachelor of Arts (B.A.) Psychology

Kamehameha Schools, Honolulu, HI 1996
High school diploma

LICENSURE

Hawaii Licensed Psychologist Aug 2010- current
PSY- 1210

CERTIFICATIONS

Mayo Clinic Tobacco Treatment Specialist Certification August 2015

Certified Corporate Health & Wellness Specialist July 2017

Principles and Practice of Cognitive Behavioral Therapy for Insomnia January 2019

Certified Clinical Trauma Professional Dec 2020

Somatic Experiencing ® Practitioner October 2024

Certified Yoga Teacher (CYT-500) July 2025

Registered Yoga Teacher (RYT-200) July 2025

Coherence Therapy Certificate Level 1 Certificate January 2026

ACADEMIC AND PROFESSIONAL INTERESTS

Bottom-Up Therapy Approaches for Trauma
Experiential Therapies
Clinical Health Psychology
Treating and Empowering BIPOC populations
Corporate Health & Wellness Promotion
Cognitive Behavioral Therapy for Insomnia and Sleep Medicine
Treatment of Anxiety Disorders

LICENSED CLINICAL EXPERIENCE

Iao Mind & Body Health, LLC May 2020- current
Owner and operator of private practice
Trauma-focused care and use of bottom-up strategies, experiential, and Skill-based approaches.
Specialized training in Somatic Experiencing (SE), Cognitive Behavioral Therapy for Insomnia (CBT-i), Parts work with memory reconsolidation, And Cognitive Behavioral Therapy (CBT)
Provision of Clinical Supervision for post-graduate and post-doctoral trainees.
Consultation services for individuals
Developed Discover Your Inner Resilience©, a resilience embodiment psychoeducational, process and experiential training program

Pacific Workplace Wellness Solutions, LLP June 2016- June 2021
Co-founder and partner in developing solutions for companies to create a culture of health

Maui Medical Group
Behavioral Health Director May 2018- May 2020
Oversee the program development of the primary care and behavioral health integration model
Provide population-based care, targeting the following conditions: anxiety, depression, insomnia, diabetes, and chronic pain
Supervise and train Behavioral Health providers and staff
Provide integrated care through consults, warm hand-offs, and individual patient visits
Chair of the Patient and Family Council
Co-facilitator for Diabetes Shared Medical Appointment: providing education and interventions for health behavior change, tracking and reporting on patient outcomes
Train Care Management staff in behavioral health conditions and
Staff trainings I provided: Aggression Management and De-escalation Skills, Motivational Interviewing, Suicide risk management, Teach Back Model, Introduction to Cognitive Behavioral Therapy for Insomnia, Primary care integration best practices

CPC+ Medical Director May 2017- May 2018

Oversee the development of the practice transformation for the Comprehensive Primary Care medical home model of care.

Primary care and Behavioral Health Integration Model program development: developing workflows, policies, procedures, training primary care staff to conceptualize patients via a biopsychosocial perspective, and providing interventions to assist patients with health behavior change

Developed a patient and family council

Developed a Diabetes Shared Medical Appointment

Mālama I Ke Ola Health Center

Federally Qualified Community Health Center

Integrated Health Director

March 2012- April 2017

Primary Care and Behavioral Health Integration Model Program Development: training primary care staff to conceptualize patients via a biopsychosocial perspective and provide interventions to assist patients with health behavior change; improving communication among interdisciplinary team, training and supervising behavioral health team

Development of the Tele-psychiatry program infrastructure

Member of the leadership and development committee for PCMH level II NCQA accreditation

Behavioral Health Specialist

September 2010- 2012

Consultation and co-management in the assessment and treatment of mental disorders and psychosocial issues

Management of psychosocial aspects of chronic and acute diseases

Application of behavioral principles to address lifestyle and health risk issues in a primary care setting in accordance with the applicable professional and ethical standards.

Care Management skills and knowledge of resources to facilitate referrals.

Improving the quality of primary care intervention through behavioral health consults

Committees: Quality Assurance and Meaningful Use, Safety Committee, Patient Centered Medical Home implementation and development

Staff Trainings I provided: Health Behavior Change and Motivational Interviewing, Diabetes Management, Treating Depression in Primary Care, Treating Anxiety in Primary Care, Native Hawaiian Health and Acculturation, Aggression Management and De-escalation skills

Wailuku, HI

Hui No Ke Ola Pono

September 2010- August 2011

Maui's Native Hawaiian Health Care System

Primary Care and Behavioral Health Integration Model program development

Assisted with building the coding and billing procedures

Development of behavioral health forms and tools for assessment

Training primary care staff to conceptualize and provide interventions to assist with health behavior change

Development and delivery of groups: Life After Stroke, Behavioral health modules embedded within lifestyle change programs (Mea 'ai Pono and 'Eleu).

Treatment: long-term, cognitive- behavioral; individual and group

Staff Trainings I provided: Aggression management and de-escalation skills, Suicide Risk Management and Health Behavior Change

POST LICENSURE SUPERVISION AND TRAINING:

Christina Shook, Psy.D, ABPP May 2017- current
Participate in monthly and as needed consultation to develop and strengthen skills in Cognitive Behavioral Therapy for Insomnia (CBT-I), CBT for chronic pain, and the Clinical practice of health psychology

CLINICAL EXPERIENCE: POSTDOCTORAL FELLOWSHIP

I Ola Lāhui September 2009- September 2010

Address Native Hawaiian and rural community health disparities by providing evidenced-based, culturally-minded assessment and interventions for chronic disease management, primary and secondary disease prevention, and other mental health disorders.

Conducting evaluation and research to determine the effectiveness of interventions provided.

Sites:

Mālama I Ke Ola Health Center

Federally Qualified Community Health Center

Supervisor: Robin Miyamoto, Psy.D

Program Development (Primary Care Model and Integrated Behavioral Health)

Treatment: brief and long term, cognitive- behavioral, solution focused interventions

Assessment: rapid and ongoing, brief screening tools

Wailuku, HI

Hui No Ke Ola Pono

Maui's Native Hawaiian Health Care System

Supervisor: Joseph Keawe'aimoku Kaholokula, Ph.D

Program Development (Primary Care Model and Integrated Behavioral Health)

Treatment: long-term, cognitive-behavioral

Integration with existing health enhancement programs (diabetes management, weight management), case management, advocacy, presentation at a community event

Training and Didactics: Parent Management Training, Cognitive Behavioral Theory and Therapy, Diabetes Management, Motivational Interviewing, Coding, Billing, and Reimbursement, Psychopharmacology (antidepressants, antipsychotics, and benzodiazepines), Anxiety disorders and Exposure therapy, Liver disease and end-of-life issues, De-escalation Techniques, Conflict Resolution, Substance Abuse and the Matrix Model, Tobacco Cessation, Menopause and women's health, Irritable Bowel Syndrome, and dysregulation disorders

PROFESSIONAL SERVICE

Hawaii Psychological Association Board Member, Maui Representative

January 2025-current

Clinical Supervisor

'Iao Mind & Body Health

January 2020- current

Contracting with individuals and organizations to provide post-doctoral and post-graduate Supervision and training

I Ola Lāhui

September 2012- 2015

Supervision of a Clinical Psychology Postdoctoral Fellow. Supervision and Training focused on developing and refining skills as a rural primary care psychologist.

Hutching Psychiatric Center

January- May 2008

Supervision of Syracuse University Undergraduate Psychology student on an acute inpatient unit. Used a developmental/ psychodynamic supervision model to facilitate the development of knowledge regarding assessment and treatment of severe mental illness and Borderline Personality disorder.

APA Presidential Citation Committee Member

2013- 2014

HONORS, AWARDS, AND DISTINCTIONS

Award for Excellence in Healthcare, Health 2.0 Conference

January 2026

National Register Health Service Psychologist #56567

March 2019- current

National Health Service Corps Member

Sept 2012- 2015

'Imi Na'aauao Scholarship Awardee

2006- 2007

Member of the Golden Key International Honour Society

2000- current

References Available Upon Request